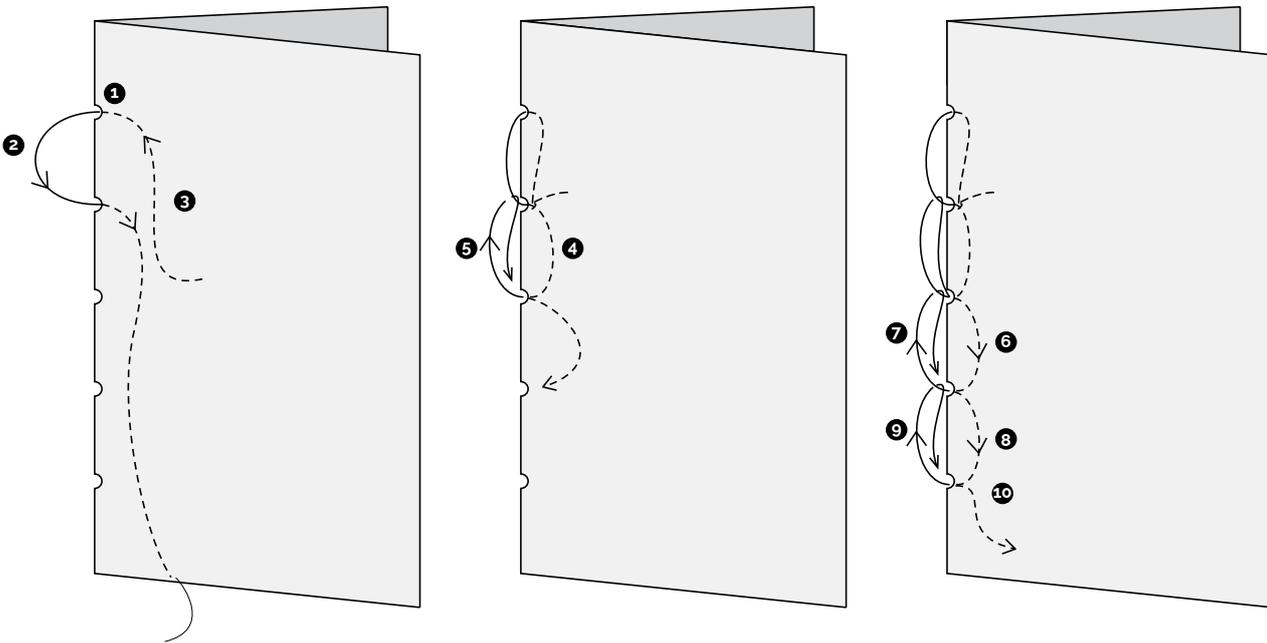


CHAIN STITCH

For a single section binding, the chain is created by sewing your needle from the inside to the outside of the section, looping it behind the thread from the previous stitch, and then bringing it back in through the same hole. Repeat this pattern down the spine until your book comes together.



- 1 - Take your needle from the inside to the outside of the first hole.
- 2 - Then pass the needle from the outside to the inside of the second hole.
- 3 - Pull the thread tight and tie a knot to secure the thread between the first 2 holes.

- 4 - Continue sewing into the 3rd hole, from the inside to the outside.
- 5 - Loop the thread behind the previous stitch then bring the needle back through the 3rd hole.

- 6-9 - Repeat sewing and looping the thread behind the previous stitches until you reach the last hole.
- 10 - Pull the thread tight and tie a knot to secure the thread between the last 2 holes.

Profile view of the completed chain stitch running down the spine of the book.

